

Sonoma Valley Hospital is proud to offer Free EKG screening

to high school and collegiate athletes playing organized sports, between the ages of 15-21 years old

An EKG is a painless, non-invasive test that can identify some students at risk for sudden cardiac death. While not 100% effective, an EKG can detect about half of the markers that can lead to sudden cardiac death.

- There is no charge for this screening exam
- Athletes should dress in comfortable, loose clothing
- Girls should wear a sports-type bra
- All athletes must bring completed consent/health history form with them. Athletes under 18 years of age must have the form signed by a parent and brought with them at the time of their appointment. Athletes without a signed form will not be tested. Forms can be obtained in advance of screening by calling 707.935.5045
- EKG's will be read by Sonoma Cardiologist James Price, MD
- Athletes with abnormal EKGs will be referred to their family physician for follow up. Results are confidential and the test results will be mailed to the student-athlete (or their parents if under 18 years of age) after review by the cardiologist
- Copies of the EKG will not be retained by Sonoma Valley Hospital
- Student-athletes must be 15 years of age or older.

WHERE: Sonoma Valley Hospital, Cardiopulmonary DepartmentWHEN: May 15th 3-5pm; May 18th 10a-2pm; May 22nd 3-5pm



Roughly, 75-100 teenagers and young adults die in the United States each year during athletic events, most often from undiagnosed heart problems.

Healing Here at Home

For more information or to make an appointment call us at **707.935.5045** or visit us online **www.svh.com**