

## Sonoma Valley Hospital is proud to offer Free EKG screening

to high school and collegiate athletes playing organized sports, between the ages of 15-21 years old

An EKG is a painless, non-invasive test that can identify some students at risk for sudden cardiac death. While not 100% effective, an EKG can detect about half of the markers that can lead to sudden cardiac death.

- There is no charge for this screening exam
- Athletes should dress in comfortable, loose clothing
- Girls should wear a sports-type bra
- All athletes must bring completed consent/health history form with them. Athletes under 18 years of age must have the form signed by a parent and brought with them at the time of their appointment. Athletes without a signed form will not be tested. Forms can be obtained in advance of screening by calling 707.935.5045
- EKG's will be read by Sonoma Cardiologist James Price, MD
- Athletes with abnormal EKGs will be referred to their family physician for follow up. Results are confidential and the test results will be mailed to the student-athlete (or their parents if under 18 years of age) after review by the cardiologist
- Copies of the EKG will not be retained by Sonoma Valley Hospital
- Student-athletes must be 15 years of age or older.

WHERE: Sonoma Valley Hospital, Cardiopulmonary DepartmentWHEN: May 15th 3-5pm; May 18th 10a-2pm; May 22nd 3-5pm



Roughly, 75-100 teenagers and young adults die in the United States each year during athletic events, most often from undiagnosed heart problems.

## Healing Here at Home

For more information or to make an appointment call us at **707.935.5045** or visit us online **www.svh.com**