

SONOMA VALLEY HOSPITAL

Preparing For Your Bone Density (DEXA) Study

Your doctor has ordered a Bone Density study to evaluate your bone mineral density. Please follow the preparation below to assure the best possible results from your study. If you have any questions, contact the coordinator at: (707) 935-5215.

**The Bone Density department is located at 347 Andrieux Street,
Sonoma, in the Main Hospital**

What to expect: Bone Density (DEXA) Study

Length of exam: 15 to 30 minutes

Preparation:

- Wear nonmetallic waistband
- Alert the scheduler if you have a hip replacement or history of hip fracture
- Please bring a list of your medications with you.