

SONOMA VALLEY HOSPITAL

Preparing For Your Mammogram

Your physician has ordered a Mammogram to evaluate your breasts. Please follow the preparation below to assure the best possible results from your study. If you have any questions, contact the Mammography coordinator at (707) 935-5215.

The Mammography department is located at 347 Andrieux Street, Sonoma, in the Main Hospital

What to expect: Mammogram

Length of exam: 15 to 30 minutes

Preparation:

- No deodorant, powders, lotions or perfume the day of the exam
- Be dressed in a 2 piece outfit for easy removal of your top only
- Please tell the scheduler if you have a history of breast surgery, breast cancer, breast biopsies or breast implants

If you have had previous mammograms at another facility, provide that information to the scheduler when you make your appointment. We will obtain that information so it will be available to the radiologist by the time of your appointment. The radiologist will use that information for comparison to your new images.