

CT

To schedule your exam, call Sonoma Valley Hospital Patient Access at (707) 935-5020

Minors must be accompanied by a parent or guardian.

Prior to the Exam

- Please let us know if you need an interpreter.
- If you are pregnant or may be pregnant, please tell your doctor or technologist.
- Wireless bra (no clips or underwire)
- Wear comfortable clothes 100% cotton.
- Items such as belts, wallets, and keys will need to be removed.
- The technologist will ask you to change into a hospital gown for most exams; a locker will be supplied to secure your belongings.
- The technologist will verify your identification and exam requested.

Clothing materials that are not recommended:

- Any compression wear
- Tight fitting spandex clothing

Preparation for the Exam

- Please bring a list of your current medications with you.
- Take your daily medications as you normally would, unless instructed otherwise.
- Creatinine and eGFR results are required if you are having a CT exam with contrast.
- No creatinine results needed for patients 60 years old and younger unless diabetic, if you are diabetic creatinine results are required regardless of age.
- Depending on your CT exam, you may be asked not to eat or drink anything 3 hours prior to your scheduled exam.
- Depending on your CT exam, you may be instructed to arrive 90 minutes before your scheduled exam to receive oral contrast.

The instructions vary depending on the type of CT exam ordered; please follow all of the instructions given to you at the time of scheduling that are specific to your exam.

During the Exam

- The technologist will position you on the motorized exam table that will move slowly through the CT scanner.
- You may be asked to lie on your stomach, back or side, and to hold your breath.
- Depending on your CT exam, an intravenous injection of contrast may be necessary.
- The duration of the exam will vary, but the average is about 30 minutes.

After the Exam

- You will be observed for any complications by the hospital staff.





Sonoma Valley Hospital

Medical Imaging Department
347 Andrieux Street, Sonoma, California 95476

Imaging Appointments: (707) 935-5020
Information: (707) 935-5235

Imaging Fax: (707) 935-5438
All Medical Imaging Records: (707) 935-5250

- If you received contrast during your CT exam it is recommended you drink water after the exam to help flush out the contrast that was injected.
- You may resume normal activities.
- If you are breastfeeding, it is advised to continue 24 hours after receiving contrast.
- Follow-up with your doctor for CT exam results.

