

Ultrasound

To schedule your exam, call Sonoma Valley Hospital Patient Access at (707) 935-5020

Minors must be accompanied by a parent or guardian.

Prior to the Exam

- Please let us know if you need an interpreter.
- If you are pregnant or may be pregnant, please tell your doctor or technologist.
- Please leave your valuables at home, including jewelry and/or metallic items.
- Wear comfortable clothes 100% cotton.

Clothing materials that are not recommended:

- Any compression wear
- Tight fitting spandex clothing

Preparation for the Exam

- Medications may be taken with a small amount of water.
- The technologist will verify your identification and exam requested.
- The technologist will ask you to change into a hospital gown for most exams; a locker will be supplied to secure your belongings.

Special Instructions for the Exam

- Depending on your US exam, you may be asked to have a full bladder when you arrive for your exam.
- Depending on your US exam, you may be asked not to eat or drink anything 8 hours prior to your scheduled exam.
- If you are having a biopsy, you will be asked to not eat or drink anything past midnight the night before the exam and you will be given specific procedure instructions to follow.

The instructions vary depending on the type of US exam ordered; please follow all of the instructions given to you at the time of scheduling that are specific to your exam.

During the Exam

- The duration of the exam will vary, but the average is about 45-60 minutes.

After the Exam/After the Procedure

- You may resume normal activities.
- Discharge instructions will be given to you.

